

# MENTAL HEALTH SERVICES

AT JASMINE COURT INDEPENDENT HOSPITAL



BARCHESTER MENTAL HEALTH HOSPITALS

Jasmine Court Hospital provides treatment and care for individuals detained under the Mental Health Act, Mental Capacity Act or as an informal patient experiencing cognitive impairment, enduring mental health illness and behaviour that challenges.

## Our approach to care

Staff here at Jasmine Court believe in a person-centred approach. This dynamic and constantly-evolving service helps support individuals to achieve their goals by listening collaboratively and supporting them to fulfil their potential. Empowerment enables individuals to take control of their daily life and achieve their optimum level of independence. Wherever possible Jasmine Court empowers patients and their families to be involved in the development of their own support plans, risk assessments and promoting positive risks.

Care management plans set realistic outcomes and patients remain stakeholders throughout their care pathway. Patients' treatment, and care pathways are formulated, delivered and reviewed by a highly-skilled multi-disciplinary team supported by a Mental Health Act administrator; our multi-disciplinary team work in collaboration with patient, families and partnerships with community and external agencies to develop effective treatment pathways for improving quality of life and maximising independence.

Individual care management plans may include occupational therapy and any other therapy that may be deemed appropriate for the individual's care needs, 1:1 and / or group therapies. A care plan based on personal needs will be drawn up for each patient, focused on aims and objectives towards discharge and person-centred needs.

## Jasmine Court Independent Hospital at a glance:

- We accept patients detained under the Mental Health Act 1983 and non-detained patients with informal status
- 15 male-only beds
- Organic mental health services
- Diagnosis of dementia
- Enduring and progressive mental health disorders
- Cognitive impairment
- Complex and challenging behaviour
- Forensic history

**“My dad has been on a long, difficult journey and Jasmine Court has been the best placement he has had.”** Family member

For more information on the types of complex neurological services we care for please visit our website or call **01992 786815** | [www.barchestermentalhealth.com/jasmine](http://www.barchestermentalhealth.com/jasmine)

## Our staff

Our very experienced and dedicated multi-disciplinary team consists of:

- Consultant psychiatrist
- Qualified nurses
- Occupational therapists
- Occupational therapist assistant
- Support workers
- Mental Health Act administrator

Our team uses a recovery model of care to enhance life quality, enable choice and change and nurture self-determination. People living here are encouraged to achieve personal goals and develop independence. Through a holistic approach and via mutually supportive relationships, Jasmine Court can bring back hope, security, empowerment, inclusion and meaning to lives.

### Organic mental health services:

- Vascular dementia
- Working-age dementia
- Alcohol-related dementia (Korsakoff's)
- Alzheimer's
- Behaviours that challenge
- Dual diagnosis
- Pick's disease
- Forensic history

### Including a history of functional mental health:

- Anxiety/neurosis disorders
- Bi-polar disorder
- Depression
- Other psychoses
- Psychotic depression
- Schizophrenia

The team are able to support individuals through a robust key worker system where structure and spontaneity play equal roles in everyday life. Through informed choice, individuals can access the therapies, activities or sessions they feel would benefit them the most.

Jasmine Court Independent Hospital is situated in Waltham Abbey, Essex which facilitates 15 male only single bedrooms with en-suite facilities. Patients can make use of spacious shared lounge and dining areas. A large activities room is available for group or independent work with patients. The hospital has its own garden area designed for individuals to engage in therapeutic horticultural activities and there is access to local amenities. All of these features enable individuals to maintain or gain new skills and support the plan for discharge.

## Governance

Jasmine Court works to maintain quality through robust key clinical performance indicators and audit based on multi-qualitative and quantitative audit tools. We report on quality and progress towards outcomes to commissioners, Barchester Healthcare's Mental Health Governance Committee, and to our wider group stakeholders via our Quality Accounts.

The Quality Accounts reflect our objectives which are based on our company values, as well as The Mental Health Act 1983: Code of Practice, to ensure we provide a quality service as determined by the Care Quality key lines of enquiry within the domains of services being safe, effective, caring responsive and well-led.

For more information on the types of mental health and complex neurological services we care for please visit our website or call us on the number below:

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