

## **Briardene Case Study: Zoe**

Zoe is a cheerful character for most of the time but she has an illness that affects her mood. As a consequence she can be very happy but distressed and tearful within minutes.

Zoe has lived at Briardene since 2015. She previously lived in other therapeutic environments where they sometimes found her care and wishes hard to accommodate. Zoe describes Briardene as being the place she calls home, and the place she wants to stay.

Zoe likes to go out, and has a busy schedule. She thoroughly enjoys visiting her family where she spends many an hour with her favourite nieces, with whom she has a special relationship. She recently attended a family wedding and there was great interest from all as to what she would wear. Colours, styles and makeup were all discussed at length. She looked beautiful on the day, and there were many comments and congratulations.

Zoe also goes to the local hospital, visiting patients who have the same illness as her. She receives visitors from there, too.

If there are planned events in the unit she takes an active part and has been known to be a vital participant in the pantomime. She loves to socialise, and will go out on organised trips, near or far. She enjoys the local pub, and will go for lunch, too. Coffee and cake are high on the agenda if she goes out, but she will take great delight in baking everyone a cake, as the picture shows.

Staff take great pride in supporting an engaged and enjoyable life for Zoe at Briardene, based on her previous interests and her current passions.

All visitors, whether human or animal are welcomed by Zoe.

Quote of the Day: Zoe says

“I absolutely love it here, and my mum says I am spoilt.”