

MENTAL HEALTH SERVICES

AT BILLINGHAM GRANGE INDEPENDENT HOSPITAL



BILLINGHAM
GRANGE

BARCHESTER MENTAL
HEALTH HOSPITALS

The Billingham Grange provides treatment and care for individuals experiencing enduring mental health illness and behaviour that may challenge. It is a 50-bedded Independent Hospital with three age and gender-specific wards.

Our approach to care

Support for the individual begins prior to admission to Billingham Grange, with a detailed and comprehensive pre-admission assessment, which includes liaison with all multi-disciplinary professionals involved in the patients' care. All patients are offered up to twelve weeks of assessment to ensure we are able to meet the needs of the individual. Multi-disciplinary team-based planning for discharge starts on admission, using effective risk management and a modified recovery model, taking into account the patient's best interests.

Care management plans set realistic outcomes, and patients remain stakeholders throughout their care pathway.

Following an individual patient assessment and formulation, a care plan will be drawn up based on evidenced-based therapies, care and treatment and, where required, a person-centred Positive Behaviour Support Plan will be formulated with the individual. Individual treatment plans may include sports/mobility therapy, regular massage or other non-invasive complementary therapies, work with a Nordoff Robbins-accredited music therapist, an accredited art psychotherapist, horticultural therapy and 1:1 and/or group-based therapies. Discharge planning commences upon admission. Discharge care plans are formulated with the patient, and incorporate clear goals to facilitate discharge. These goals are reviewed by the patient and members of the MDT during their monthly ward round. Respect for diversity and treating people as individuals plays a key part in all treatment planning and care delivery.

Billingham Grange Independent Hospital at a glance:

- We accept informal patients and those subject to the MHA 1983 or DoLS Organic Mental Health Services
- Two single-sex wards for 18+ years
- 50 beds: 34 male and 16 female
- Enduring and progressive mental health disorder
- Acquired brain injury
- Cognitive impairment
- Complex and challenging behaviour
- Forensic step-down

For further information please visit our website or call **01642 561700**
www.barchestermentalhealth.com/billingham

Billingham Grange provides treatment and care under the provision of the Mental Health Act, DoLS, or as an informal patient. Patients' treatment and care pathways are formulated, delivered and reviewed by a highly-skilled multi-disciplinary team, and are supported by a resident Mental Health Act administrator. Our multi-disciplinary team works in collaboration with patients, families and community agencies to develop effective treatment programmes for improving quality of life and maximising independence.

Billingham Grange provides a safe environment with accessible gardens which provide a basis for therapy and leisure. Wards are age and gender-specific and patient areas are continually under review for improvements.

Our staff

There is a diverse and complementary skill mix within the Billingham Grange staff team. Staffing levels reflect the needs of the patient. The team includes a consultant psychiatrist, a nursing team (that includes a general nurse on each ward to monitor physical health needs), a nurse prescriber, a senior occupational therapist with a team of occupational therapy assistants, an innovative training team, a music therapist, mobility/sports massage therapist and art psychotherapist, all of which are supported by a team of support workers. Billingham Grange is able to provide Enhanced Personal Support adaptable to patient needs at the discretion of the multi-disciplinary team and the relevant commissioners, where necessary. Speech and language therapy, psychology and pharmacist input is provided through service level agreements.

Governance

Billingham Grange works to maintain quality through robust governance and audits based on multi-quantitative and qualitative audit tools. We report on quality and progress towards outcomes to commissioners, Barchester Healthcare's Mental Health Governance Committee and to our wider group of stakeholders via our publicly-available Quality Accounts. The Quality Accounts link with Billingham Grange's objectives, which are based on our company values; the Mental Health Act Code of Practice, and the MCA Code of Practice, we also ensure we provide a service determined by the CQC's key lines of enquiry within the domains of our service being: Safe, Effective, Caring, Responsive & Well-Led.

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