

MENTAL HEALTH SERVICES

AT CASTLE LODGE INDEPENDENT HOSPITAL



CASTLE
LODGE

BARCHESTER MENTAL
HEALTH HOSPITALS

Castle Lodge Hospital provides treatment and care for individuals detained under the Mental Health Act, Mental Capacity Act or as an informal patient experiencing cognitive impairment, enduring mental health illness and behaviour that challenges.

Our approach to care

Staff here at Castle Lodge believe in a person-centred approach and their dynamic and constantly-evolving service helps support individuals to achieve their goals by listening to and working with them to offer support in helping them to fulfil their potential. Empowerment enables individuals to take control of their daily life and achieve their optimum level of independence. Wherever possible Castle Lodge empowers patients and their families to be involved in the development of their own support plans, and risk assessments, promoting positive risks.

Care management plans set realistic outcomes and patients remain stakeholders throughout their care pathway. Patients' treatment and care pathways are formulated, delivered and reviewed by a highly-skilled multi-disciplinary team supported by a Mental Health Act administrator; our multi-disciplinary team work in collaboration with patient, families and partnerships with community and external agencies to develop effective treatment pathways for improving quality of life and maximising independence.

Individual care management plans may include occupational therapy, physiotherapy and mobility therapy, an accredited art psychotherapist, 1:1 and/or group-based therapies.

Castle Lodge Independent Hospital at a glance:

- 15 beds across 2 wards:
Female ward:
18 years and over
- Enduring and progressive mental health disorders
- Acquired brain injury
- Cognitive impairment
- Complex and challenging behaviour
- Forensic step-down
- Male ward:**
60 years and above
- Enduring and progressive mental health disorders
- Acquired brain injury
- Cognitive impairment
- Complex and challenging behaviour
- Forensic step-down

For further information please visit our website or call **01482 372 404**
www.barchestermentalhealth.com/castlelodge

Our staff

Our very experienced and dedicated multi-disciplinary team consists of:

- Consultant psychiatrist
- Art psychologist
- Mental health and general nurses
- Occupational therapists
- Physiotherapist
- Support workers
- Activities coordinators
- Mental Health Act administrator

Our team use a recovery model of care to enhance life quality, enable choice and change and nurture self-determination. People living here are encouraged to achieve personal goals and develop independence. Through a holistic approach and via mutually supportive relationships, Castle Lodge can bring back hope, security, empowerment, inclusion and meaning to lives.

The team are able to support individuals through a robust key worker system where structure and spontaneity play equal roles in everyday life. Through informed choice, individuals can access the therapies, activities or sessions they feel would benefit them the most.

Organic mental health services:

- Alcohol-related dementia (Korsakoff's)
- Alzheimer's disease
- Behaviours that challenge
- Dual diagnosis
- Forensic history
- Pick's disease
- Vascular dementia
- Working-age dementia

Functional mental health services:

- Anxiety/neurosis disorders
- Behaviours that challenge
- Bi-polar disorder
- Depression
- Dual diagnosis
- Forensic history
- Other psychoses
- Psychotic depression
- Schizophrenia

All of the bedrooms at Castle Lodge are single rooms with en-suite facilities. There are three lounge areas. One incorporates a dining area, in addition to a separate dining room. Activities are carried out both in the dining areas or in individual client's rooms, offering independent work with patients. There is a 'life skills' kitchen, enabling individuals to gain or regain skills in preparation for independent living on both the male and female dining rooms. There are separate male and female garden areas designed for individuals to engage in therapeutic horticultural activities. Both gardens have a summer house and an area for patients who wish to eat their meals outside in the sunshine.

Governance

Castle Lodge works to maintain quality through robust key clinical performance indicators and audit based on multi-qualitative and quantitative audit tools.

We report on quality and progress towards outcomes to commissioners, Barchester Healthcare's Mental Health Governance Committee, and to our wider group stakeholders via our Quality Accounts.

The Quality Accounts reflect our objectives which are based on our company values, as well as The Mental Health Act 1983: Code of Practice, to ensure we provide a quality service as determined by the Care Quality key lines of enquiry within the domains of services being safe, effective, caring responsive and well-led.

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