

MENTAL HEALTH SERVICES

AT FOREST INDEPENDENT HOSPITAL



FOREST
HOSPITAL

BARCHESTER MENTAL
HEALTH HOSPITALS

Forest Independent Hospital is a modern, purpose-built facility based in Mansfield. We provide treatment and care for patients who are informal, detained under the Mental Health Act, or require treatment and care under Deprivation of Liberties Safeguards. Our admission criteria covers a variety of organic mental health conditions including working-age dementia, alcohol-related brain injury and Huntington's disease.

Our approach to care

Forest Independent Hospital provides a safe, homely environment in which our patients can achieve their maximum potential. We facilitate this through open and honest communications with the patient, their family/carer, and all healthcare professionals involved in their care. We aim to stabilise patients' mental health and reduce identified risks and behaviours which many challenge. We take a least restrictive approach to all interventions and promote and encourage positive risk taking.

We hold community meetings, best interest meetings, ward rounds and daily clinical meetings to inform care pathways. We have input from a range of community services including Advocacy, Community Falls Team, SALT, physiotherapists and translators.

Our objective is to provide a premium caring experience which promotes positive and timely discharge to a less restrictive environment. We enable individuals to regain control and independence where possible, and ensure that not only the individual, but their families and friends, are supported through challenging times.

Following an individual assessment, support plans are formulated collaboratively with the individual, family/carer and all professionals involved in their care. We believe this collaborative approach promotes a positive experience and outcomes for the individual throughout their time at Forest Independent Hospital.

Forest Independent Hospital at a glance:

- We accept patients detained under the Mental Health Act 1983 and non-detained and patients subject to DoLS
- 30 beds across two wards - From 18 years upwards
- Organic mental health services
- 15-bed male ward
- 15-bed female ward

For further information please visit our website or call **01623 415700**
www.barchestermentalhealth.com/forest

Our staff

Our very experienced and dedicated multi-disciplinary team consists of:

- Consultant Psychiatrist
- Mental Health and Learning Disability Nurses
- Occupational Therapist
- Occupational Therapy Assistants
- Support Workers
- Art Psychotherapy
- Music Therapy

All patients are allocated a named nurse and key worker. Named registered nurses are responsible for co-ordinating the initial assessment, development of patient-centred care plans and attending regular reviews. Key workers are support workers, responsible for ensuring and enabling individuals engage with their programme of care.

We have a number of dining rooms, lounges, quiet areas, kitchens and meeting rooms that everyone is able to access. There are a number of other facilities within the hospital for therapy or assessments, including a sensory room, an activity and occupation room and kitchens. We have gardens to the rear of the building which are regularly used for gardening and relaxation activities. All patients at Forest Hospital have their own bedroom with en-suite bathroom facilities. There are separate bathroom facilities with specially-designed baths and hoists.

Governance

Forest Hospital is committed to maintaining and improving the quality of its care services through clinical governance oversight. We work in an open and transparent manner, using a variety of measurable approaches which ensure we are accountable, strive to continuously improve our services, share lessons learnt across the whole of the Barchester group and safeguard the individuals we care for.

At the heart of the Forest Hospital team is a shared passion to provide the best care possible for each individual across a range of mental health conditions.

Organic mental health services at Forest Hospital:

- Acquired brain injury
- Alcohol-related dementia (Korsakoff's)
- Alzheimer's disease
- Behaviours that challenge
- Dual diagnosis
- Forensic history
- Pick's disease
- Vascular dementia
- Working-age dementia

Individuals are encouraged to personalise rooms and to bring in pictures and other personal items, including televisions, internet-compatible computers and CD players.

We are situated a short distance from the heart of Mansfield and are therefore close to local amenities and have ready access to local community services and places of interest. Forest Hospital shares its location with Forest Care Home, thus providing a step-down pathway of care for patients unable to return to an independent community setting.

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